

First Aid Box Content for The Building And Other Construction Workers

S.No	Items	Qty
1.	A sufficient number of eye wash bottles filled with distilled water or suitable liquid clearly Indicated by a distinctive sign which shall be visible at all times.	01
2.	4% xylocaine eye drops, and boric acid eye drops and soda by carbonate eye drops.	01
3.	Small sterilized dressings.	24
4.	Medium size sterilized dressings.	12
5.	Large size sterilized dressings	12
6.	Large size sterilized burn dressings	12
7.	Sterilized cotton wool. (15 cm.)	12
8.	(Two hundred ml.) bottle of cetrimide solution (1%) or suitable antiseptic solution	01
9.	(Two hundred ml.) bottle of mercurochrome (2%) solution in water.	01
10.	(One hundred twenty ml.) bottle of salvolatile having the doses and mode of administration indicated on the label.	01
11.	Pair of scissors.	01
12.	Roll of adhesive plaster (six cm. x one mtr)	01
13.	Rolls of adhesive plaster (two cms. x one mtr)	02
14.	Sterilized eye pads in separate sealed packets.	12
15.	Bottle containing hundred tablets (each of three hundred twenty five mg) of aspirin or any other analgesic	01
16.	Roller bandages ten cms. Wide	12
17.	Roller bandages five cms. Wide	12
18.	Tourniquet	01
19.	Splints	01
20.	Safety pins	03 pkt
21.	Kidney tray	01
22.	Snake bite lancet	01
23.	(Thirty ml.) bottle containing potassium permanganate crystals.	01
24.	First-aid leaflet issued by the Directorate General.	01
25.	Triangular bandages	06
26.	pairs of suitable, sterilized, latex hand gloves.	02

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Ambulance Room Contents for The Building and Other Construction Workers

S.No.	Item Name	Qty
1.	A glazed sink with hot and cold water always available	01
2.	A table with a smooth top at least 180 cm x 105 cm.	01
3.	Means for sterilising instruments	01
4.	A couch	01
5.	stretchers	02
6.	Buckets or containers with close fitting lids	02
7.	Rubber hot water bags	02
8.	A kettle and spirit stove or other suitable means of boiling water.	01
9.	Plain wooden splints 900 cm x 100 cm x 6 cm.	12
10.	Plain wooden splints 350 cm x 75 cm x 6 cm.	12
11.	Plain wooden splints 250 cm x 50 cm x 12 cm	06
12.	Woollen blankets.	06
13.	Artery forceps	03 pair
14.	Bottle of spiritus annemia aremations (120 ml).	01
15.	Smelling salt (60 gm).	01
16.	Medium size sponges	02
17.	Hand towels	06
18.	kidney trays	04
19.	Cakes of toilet, preferably antiseptic soap	04
20.	Glass tumblers and tow wine glasses	02
21.	Clinical thermometers	02
22.	Tea spoons	02
23.	Graduated (120 ml) measuring glasses	02
24.	Minimum measuring glasses	02
25.	Wash bottle (1000 cc) for washing eyes.	01
26.	Bottle (one litre) carbolic lotion 1 to 20.	01
27.	Chairs	03
28.	Screen	01
29.	Electric hand torch	01
30.	First-aid boxes	04
31.	An adequate supply of tetanus toxide.	01
32.	Injections—morphia, pethidine, atrophine, adrenaline, coramine, novocaine (6 each).	01
33.	Cramine liquid (60 ml).	01
34.	Tablets—antihistaminic antispasmodic (25 each).	01
35.	Syringes with needles—2 cc, 5 cc, 10 cc and 500 cc.	01
36.	Surgical scissors	03
37.	Needle holders, big and small	02
38.	Suturing needles and materials	01
39.	dissecting forceps	03
40.	dressing forceps	03
41.	Scalpels	03
42.	stethoscope and a B. P. apparatus	01
43.	Rubber bandage—pressure bandage.	01
44.	Oxygen cylinder with necessary attachments	01
45.	Atropine eye ointments	01
46.	I. V. Fluids and sets	10
47.	Suitable, foot operated, covered, refuse containers.	01
48.	Adequate number of sterilised, paired, latex hand gloves	01

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